



# In Tune

Fall Newsletter  
September 2010



Colorado Association for Music Therapy  
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## Chair News



Dear CAMT Members,

Can you believe it's almost Fall? As you know, this season brings wonderful opportunities to the Colorado Music Therapist. Your CAMT Board has been hard at work trying to meet the needs of the membership. We are pleased to announce the following events:

- Fall Fundraiser! We are working with the Music Therapy Student Association of CSU to hold a fundraiser that will be at Avogadro's Number in Fort Collins on September 26<sup>th</sup>, 2010. We hope to raise enough money to begin offering extended services and scholarships to the CAMT membership.
- The annual Fall Forum will take place October 9<sup>th</sup> and will feature speakers that will be of interest to anyone who is in private practice or trying to build their current practice.

You can find information about these events in this issue of CAMT InTune. Please contact us if you would like to help with planning the events. Furthermore, you will notice improvements to our CAMT website, including a members only section. We hope to see you at these events - with the beginning of this season is a new opportunity and time to become involved in the future of music therapy!

Sincerely,  
*Blythe LaGasse, Ph.D., MT-BC, NMT*  
CAMT Chair

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## CAMT/MTSA Fundraiser

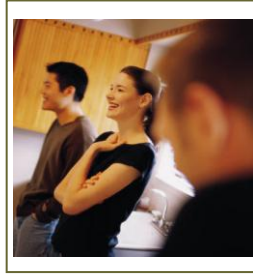
This is the first time CAMT and MTSA have combined in a fundraising effort of this size! The featured bands are [Kristi Stice](#), [Angie Stevens](#) and [Blue Grama](#). Spread the word and bring your friends to Avogadro's Number and support music therapy in Colorado!



[Avogadro's Number](#)  
September 26, 2010  
11:00 am - 2:30 pm

## Reaching Out

Public Relations



Dear CAMT Members,

Thank you for helping to make the annual April Music Therapy month challenge event a huge success. ***We had a great turn-out at our end of the month social, and had a lot of fun!*** Members shared exciting news of how they were promoting Music Therapy throughout the state of Colorado. Each of these members submitted their names into a drawing and three were chosen as recipients of cash prizes! Prize-winners included Bill Harned, who helped create and present a service-learning poster display at CSU, Carolyn Kuban, who presented at the Midwestern Regional Conference on music therapy and older adults, and Rachel Salemi, who presented at the Midwestern Regional Conference on music therapy and speech development in children. Congratulations to each of them and thank you to all who participated. It was a fabulous month! The social is a wonderful way to connect and celebrate the honorable and hard work we do in our field. We want to send out a big thank you again for your work during Music Therapy Month, because we each do our part to create change!

As a reminder, the PR Board is a wonderful tool to help spread awareness and to educate others about Music Therapy and CAMT. This fabulous resource adds to the professionalism of your Music Therapy presentations. The Board comes with pictures of music therapy in action, local and national news articles, and a variety of other display materials. You can change the board to make it work for your next presentation, in-service, or other events where you may use it. PLUS, when you use the Board, it provides you free admittance to a CAMT event, such as the Fall Forum in October, or the Winter Workshop early next year. In closing, we wish to emphasize that the updated CAMT Brochures are available and encourage the membership to use them for Public Relations purposes. We want our membership to have this resource to help increase recognition and to educate others about Music Therapy and CAMT. Feel free to contact Deborah or Andy for PR materials.

Sincerely, Deborah Palmer and Andy Neary,  
CAMT PR Co-Chairs

"Music therapy has been an invaluable tool with many of our rehabilitation patients. There is no question that the relationship of music and medicine will blossom because of the advent of previously unavailable techniques that can now show the effects of music."

Matthew Lee (Acting Director, Rusk Institute, New York)

## CAMT News Flash



We welcomed three new board members this summer: Beth Mosko has relinquished her duties as a student representative and has graciously accepted the membership position. Bill Harned and Julia Murphy are CSU students and have accepted the student representative positions. This summer we said goodbye to Marion Haase as our student representative and wish her well in her future as a music therapist!

Deborah Palmer completed her move to Glenwood Springs which is an hour from Vail, Aspen and Grand Junction! She plans to continue serving a variety of populations including geriatrics, rehab, hospice and individuals with special needs through her business, Peak View Music Therapy.

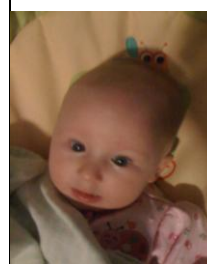
## Kudos to You!



Kudos to Kimberly Sena Moore for fearlessly leading the Colorado Music Therapy task force! Kimberly, you will be missed and we greatly appreciate all of your hard work! Music therapy has been, and will continue to be, furthered in Colorado in part due to your efforts. Missouri is lucky to get you!

Kudos to Valerie Kocel for taking music therapy "out of the box", by striving for a Pepsi Refresh grant. Although a grant did not result, her efforts certainly put music therapy in the spotlight, educating many people in the process. Way to go, Valerie!

Congratulations to Catie Alpeter and Kylie Stoltenow, CSU students who were elected to the AMTA Midwestern Students Board of Directors. They will be excellent representatives for students in the Midwestern Region!



Welcome Evelyn Lee Lyons!!  
Born April 25<sup>th</sup>, 2010 at 3:40pm  
Daughter of Audrey and Matt Lyons

## Music Therapy: Out and About

Educational Events

### 27<sup>th</sup> International Training Institute in Neurologic Music Therapy

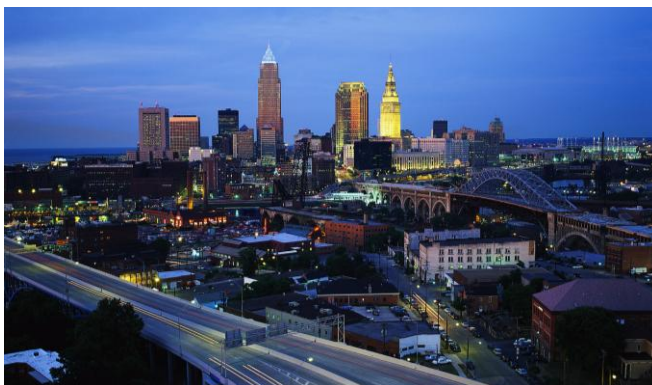
February 17–20, 2011~~The Center for Biomedical Research in Music (CBRM) invites you to attend this workshop. For more information, visit the CBRM website at [www.colostate.edu/depts/cbrm](http://www.colostate.edu/depts/cbrm)

### Colorado Association for Music Therapy (CAMT) Fall Forum

October 9, 2010~~CAMT invites you to attend the Fall Forum which will be held in Denver at the Anchor Center. For more information, see page 11 or visit the CAMT website at [www.musictherapycolorado.org](http://www.musictherapycolorado.org)

### AMTA National Conference

November 17–21, 2010 “Rock Out of the Past and Roll into the Future with Music Therapy”  
~~This year’s conference will be held in Cleveland, OH. For more information, visit the AMTA website at [www.musictherapy.org](http://www.musictherapy.org)



Cleveland Skyline

*Visit us online at:*

[www.musictherapycolorado.org](http://www.musictherapycolorado.org)  
and on [Facebook](#)

## Spreading the News

Newsletter/Website



It is so nice to feel the cool weather after such a hot summer! In just a month we will be hosting our Fall Forum, and you can find the details in several different places: online, Facebook, CAMT Fall Newsletter, emails.

Although CAMT has been online for many years now, we have been diligently working on adding to our presence online. Recently the website was updated to not only present a highly professional look but to make the website editing portion easier for myself as well as those who fill that role after I am finished with my term. Please send me feedback about what you do and don't like. I will always listen to constructive criticism and may even implement it if the board agrees! Included in our website update is the new Members Only section. You are only allowed to access this section if you are a paying member of CAMT. Since our fiscal year begins on July 1<sup>st</sup>, the password for the member section will change then as well. Be sure to get your dues in on time so that you won't miss important information!

Our [Facebook](#) page is growing like wildflower, and it's pretty exciting to keep track of all the stats. We have had over 300 hits in any given week this summer, which is impressive and more than we ever have on our website! We are able to reach music therapists, students, those who support music therapy and others across the globe. Any way to spread music therapy awareness is a good thing. To find us, just search the "pages" for CAMT.

If you know of any job openings in Colorado, please email those to me at [musictherapycolorado@gmail.com](mailto:musictherapycolorado@gmail.com) with the subject of "job opening". I will post the openings on our website & on Facebook, as well as send out an email to all members.

NOTE: The newsletter hard copy fee was increased to \$10/year.

Valerie Kocel  
Newsletter/Website Editor

## About CAMT

### OUR MISSION

The Colorado Association for Music Therapy (CAMT) was founded in 1984. CAMT strives to educating community members and fellow healthcare professionals about the benefits of music therapy and the importance of implementing quality music therapy programs to serve a wide range of client populations. We are also committed to supporting our members by offering continuing education, employment networking, and peer support. Currently, CAMT has 30 members which include professionals, students, and honorary members.

**CAMT State Meeting Minutes  
February 27, 2010**

Agenda was reviewed and approved.

Minutes from previous State meeting at Fall Forum (Oct. 24, 2009) were approved.

**Discussion Items:**

**Fundraising Event:**

- » We would like to expand what we do in CAMT but in order to do so will need more funds. So, we are interested in holding a CAMT fundraising event (or multiple events). Ideas include concerts, a booth at a carnival/festival like RamWelcome, etc. BOD feels that Fort Collins would be a good place to start because some BOD members have ties here, but we are definitely interested in expansion to fundraisers in other areas of the state!

**Officer Reports:**

**Chair:**

- » Midwestern Regional Meeting
  - Will be in Fort Collins at CSU's University Center for the Arts, and we would love to have good representation of CO MTs!
  - If you would like to help, please contact Blythe as various types of assistance will definitely be needed.
- » Passages Conference, April 9<sup>th</sup>, 8–12am.
  - First student run, student led, student attended free conference. First time this region has had something run for students by students.

**Public Relations:**

- » Music Therapy Month
  - Once again, this is in April. Deborah is working on official recognition.
  - We will once again have the Music Therapy Month Challenge. Advocate for MT in April, submit the Challenge form, and you will be entered in a drawing to be held at the Spring Social.
- » Spring Social
  - This will be a potluck social on May 1. We are looking for locations in the Longmont area.
  - Scholarship this year is a song writing contest. Winner will be announced at Spring Social.

**Education:**

- » Winter Workshop
  - Thanks to everyone at Winter Workshop for your feedback that helped us formulate a plan for Winter Workshop speaker topics, etc. Suggestions for future events are always welcome.

**Membership:**

- » Membership is still decreasing, so:
- » We are in the midst of revamping CAMT and the services that we provide for our members. BOD has discussed holding a single annual event in the fall, then holding more frequent social gatherings. It has been difficult to get both speakers and involvement for both events, so our thought is that by expanding the FF and incorporating more networking and social gatherings we will be better meeting the needs of our members (feedback has been a request for more social connection).
  - Membership discussed the development of current schedule and pros/cons to current schedule and proposed changes. **Voted to keep holding two major events, but move Winter**

*MINUTES CONTINUED. . .*

**Workshop later in the spring and maintain a more informal idea-sharing and social focus.**  
Membership supported the addition of smaller social gatherings.

**Newsletter / Website:**

- » We have 130 members on Facebook!
- » You are welcome to make submissions to the newsletter, as well as to contact Valerie for advertising on the newsletter / website.
- » Price of printing hard copy newsletter is going up to \$10 per year beginning in Oct.
- » Job listings are sent out to the membership via email whenever a new one is received, so if you hear of anything, please send it to the CAMT email address

**Treasurer:**

- » We're doing a little better financially but are "living paycheck to paycheck". Please keep encouraging your MT friends and colleagues to join us so that we have the resources to improve the services that we are able to provide for you.

**Secretary:**

- » No report at this time.

**Student Representatives:**

- » MTSA
  - Had second meeting yesterday, with lower attendance than last semester. MTSA is almost an official organization through the university. Leadership has been encouraging CAMT membership and will be promoting participation in the Regional Conference. MTSA is struggling with membership and participation (though are still seeing improvement over recent years) and are looking at fundraising ideas, etc. CSU has record numbers of current students in the MT program.
- » Both student representatives on the CAMT BOD will be vacating their positions at the end of this school year, so we are currently accepting nominations for one graduate and one undergraduate representative.

**Meeting Review****State Task Force Update:**

- » The application has been submitted for state recognition.

**Next meeting:** 2010 Fall Forum, location and date TBD (usually in October, somewhere in the Denver area or farther south – solid leads for location are welcome).

Meeting Adjourned

Respectfully Submitted,

Rachel Nelson, CAMT Secretary

## Idea Sharing for Colorado Music Therapists



After getting feedback from our CAMT members about how they desired more laid-back networking with fellow music therapists, we decided to encourage the forming of regional meetings across Colorado. CAMT strives to serve a wide range of music therapists from a variety of locations, and unfortunately we are unable to reach everyone ALL of the time. This is where regional music therapy meetings come in.

We encourage every region to plan a get together at least 2–4 times per year. These events are informal and can be at a coffee house, someone's home or a local park. The CAMT board members are not necessarily responsible for planning these events. We want the membership to take the lead in their own regions and build a strong and supportive community of music therapists! Since many of us are in private practice, we have limited interaction with other music therapists, so this is an important building block for our growing field. Idea-sharing is prevalent among other disciplines and should be among ours as well.

Denver has held one idea-sharing event this summer and plans to hold another within the next few months. The Denver coordinators are Valerie Kocel & Audrey Lyons. They currently have a list of over 27 local music therapists who have expressed interest in joining in! So don't hesitate! You won't know who is interested unless you ask! If you need any tips on how to get started, contact Valerie at [valeriekocel@comcast.net](mailto:valeriekocel@comcast.net)

## A Note from the Treasurer



Hello Everyone!

We had a great year and the board was exceptional in being diligent with our budget. We came out on top by \$333.75. We didn't award the scholarship of \$150 to anyone this fiscal year, so this will roll into the 2010–2011 fiscal year. Just a reminder that our fiscal year begins July 1<sup>st</sup>, so if your dues came to me late, don't worry, I rolled you into the next year. Membership dues will stay the same, \$30 for professionals and \$15 for students. Dues for students will be \$10 if they are also members of MTSA. Hope everyone had a great summer and can't wait to see all of you at our exciting Fall Forum.

Respectfully submitted,  
Audrey Lyons  
CAMT Treasurer

### CAMT Proposed Budget 2010–2011

INCOME	<i>Proposed 10–11</i>	<i>Actual</i>	<i>Proposed Rates</i>
<b><i>MEMBERSHIP DUES</i></b>			
Student	\$ 225.00		\$15/year \$10 if MTSA member
Professional	\$ 600.00	\$90.00	\$30/year
<b><i>FALL FORUM FEES</i></b>			
Student	\$ 100.00		\$15/register (\$10/early)
Professional	\$ 250.00		\$30/register (\$25/early)
<b><i>WINTER WORKSHOP FEES</i></b>			
Student	\$ 50.00		\$5/register
Professional	\$ 80.00		\$8/register
<b><i>MISCELLANEOUS</i></b>			
Printing Fee	\$ 20.00		\$10/year
<b><i>PROJECTED INCOME</i></b>	<b>\$ 1,325.00</b>	<b>\$90.00</b>	

<b>EXPENSES</b>		
<b><i>CHAIR</i></b>		
Supplies/Copies/Postage	\$	-
<b><i>TREASURER</i></b>		
Bank Fees	\$	12.00
PO Box	\$	60.00
Supplies/Copies/Postage	\$	15.00
<b><i>SECRETARY</i></b>		
Supplies/Copies/Postage	\$	15.00
<b><i>PUBLIC RELATIONS</i></b>		
Advertising/Publicity	\$	50.00
MT Month		
Challenge	\$	105.00
Social Food	\$	75.00
Supplies/Copies/Postage	\$	40.00
<b><i>EDUCATION</i></b>		
Events		
Fall Forum	\$	45.00
Winter Workshop	\$	30.00
Guest Speakers	\$	225.00
Member Services		
Raffle	\$	55.00
Scholarship	\$	150.00
Supplies/Copies/Postage	\$	40.00
<b><i>MEMBERSHIP</i></b>		
Supplies/Copies/Postage	\$	45.00
<b><i>NEWSLETTER/WEBSITE</i></b>		
Supplies/Copies/Postage	\$	30.00
Website Hosting	\$	160.00
<b><i>STUDENT REPRESENTATIVES</i></b>		
Meals - Fall Forum		
Fall Forum	\$	80.00
Winter Workshop	\$	20.00
<b><i>PROJECTED EXPENSES</i></b>	<b>\$</b>	<b>1,252.00</b>

3 Prizes: \$20, \$35, \$50

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## “Making Music Therapy Work for You”

Fall Forum 2010



- When is it?** Saturday, October 9<sup>th</sup> 2010
- Where is it?** Denver, CO: The Anchor Center (more details TBA)
- What will we do?** Our Fall Forum will feature two of CAMT’s board members: Audrey Lyons & Valerie Kocel. Audrey will speak about how to start a music therapy program at a facility. Valerie will demonstrate a variety of ways to market yourself as a music therapist. We are also having the same advocacy speaker as we had at the Fall Forum in 2009. There is also going to be a lawyer to discuss the legal side of a small business. We look forward to hearing the presentations at the Fall Forum!
- How do I register?** Fill out the registration form at the end of the newsletter and send in your check or money order payable to CAMT or register at the event. If you register by October 1<sup>st</sup> students are \$10 and professionals are \$25. After October 1<sup>st</sup>, students are \$15 and professionals are \$30.

### Schedule:

- 9:30–10:00 Registration
- 10:00–10:45 First Presentation
- 11:00–11:45 Second Presentation
- 12:00–1:00 Lunch and State Meeting
- 1:00–1:45 Audrey Lyons
- 2:00–2:45 Valerie Kocel
- 2:45–3:00 Q&A Session with Speakers/Networking

**2010-2011 CAMT Membership and 2010 Fall Forum Registration**

*Please print clearly!*

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Home phone: (\_\_\_\_) \_\_\_\_\_

Name of Employer/Private Practice: \_\_\_\_\_

Job Title: \_\_\_\_\_ Professional credentials: \_\_\_\_\_

Population(s) served: \_\_\_\_\_

In which counties/cities do you provide services: \_\_\_\_\_

Work address: \_\_\_\_\_

Work phone: (\_\_\_\_) \_\_\_\_\_

Name of School Attending (if student): \_\_\_\_\_

**Please include me on the 2010-2011 CAMT Professional Referral List**

(Remember, this includes a listing on our new and improved website!)

**Circle the following information you would like to be included in your listing:**

Home Address	Work Address	Home Phone	Work Phone
Email Address	Employer	Web Address	

**Please check to indicate either Membership fee OR Fall Forum fee OR Both:**

**CAMT Membership Fee**

\_\_\_\_\_ \$30 Professional    \_\_\_\_\_ \$15 Student

**2010 Fall Forum Admission**

\_\_\_\_\_ \$30 Professional    \_\_\_\_\_ \$15 Student

***Pre-Registration Fee if postmarked by***

\_\_\_\_\_ \$25 Professional    \_\_\_\_\_ \$10 Student

**CAMT Membership Fee PLUS Fall Forum Admission**

\_\_\_\_\_ \$55 Professional    \_\_\_\_\_ \$30 Student

***Pre-Registration Fee if postmarked by***

\_\_\_\_\_ \$50 Professional    \_\_\_\_\_ \$25 Student

**Optional** \_\_\_\_\_ \$10 for hard copy mailings of CAMT *In Tune* newsletter and events (instead of an electronic version)

**\$ \_\_\_\_\_ Total Amount Enclosed (make checks payable to "CAMT")**

***PLEASE CIRCLE AREAS OF VOLUNTEER INTEREST:***

*Public Relations*

*Membership*

*Newsletter*

*Education*

**Mail registration form and payment (check or money order) to:**

Colorado Association for Music Therapy P.O. Box 903 Fort Collins, CO 80522